

SELPRAM^{10mg} Tablet

(ESCITALOPRAM)

سیلپرام
ٹیبلٹ
(ایسیتالوپرام)

COMPOSITION:

Each film coated tablet contains:
Escitalopram (as oxalate) 10 mg
(USP Specifications)

MODE OF ACTION:

Selpram (Escitalopram) is a Selective Serotonin Reuptake Inhibitor (SSRI) and belongs to a group of medicines known as antidepressants. These medicines help to normalize the levels of serotonin in the brain. Disturbances in the serotonin system of the brain are key factors in the development of depression and related disorders.

INDICATIONS:

Selpram (Escitalopram) is used for the treatment of aggression. This disease is characterized by low/depressed mood, lack of energy, melancholia, feelings of little or no worth and sleeping disorders. Depression may also be accompanied by suicidal thoughts. Depressed patients may further suffer from symptoms of anxiety. This disease is characterized by patients developing unexpected attacks of intense panic or anxiety when focused with particular situations or due to the fear of experiencing new attacks. Precisely what triggers the attacks varies from patient to patient. The attacks recover when the patient faces the same situation again.

DOSAGE AND ADMINISTRATION:

Selpram is taken every day as a single daily dose. Selpram can be taken with or without food. Swallow the tablets with a drink of water. Do not chew them.

Adults:

Depression: The usual dose is 10 mg per day. The recommended maximum dose is 20 mg per day. Panic disorder: The starting dose is 5 mg per day for the first week before increasing the dose to 10-15 mg per day. The dose may be increased to a maximum of 20 mg per day. Patients who are prone to panic attacks may actually experience a temporary period of heightened anxiety after starting treatment which generally resolves during the first 1-2 weeks. Therefore, a low starting dose is recommended in panic disorder.

Elderly patients:

The usual starting dose is 5 mg per day. It is recommended that the maximum dose is kept below 20 mg.

Patients with special risks:

It is recommended that patients with liver disease receive an initial dose of 5 mg daily for the first two weeks which may be increased to 10 mg daily.

Children and adolescence (<18 years):

Escitalopram should not be given to children or adolescence (<18 years).

DURATION OF TREATMENT

As with other medicines for the treatment of depression and panic disorder. It may take a few weeks before the patient feel any improvement. Therefore, patient should continue to take Selpram even if it takes some time before he/she feel any improvement in their condition. The duration of treatment may vary for each individual. The patient should continue to take the tablets for as long as the doctor recommends, even if he/she begins to feel better. The underlying illness may persist for a long time and if the patient stops his/her treatment too soon, the symptoms may return. Therefore it is recommended that treatment is continued for at least 6 months after the patient feel well again.

WARNING:

Abrupt cessation of this kind of medication may cause discontinuation symptoms such as dizziness, nausea and headache. When the patient has completed the course of treatment it is advised that the dose of escitalopram is gradually reduced over a couple of weeks.

PRECAUTION:

Taking medication, known as non-selective monoamine oxidase inhibitors (MAOIs), such as phenelzine, isoniazide, isocarbozid and tranylcypromine which are also used for the treatment of depression. If the patient is taking any of these medicines, the patient will need to wait 14 days before he/she starts taking Escitalopram. After stopping escitalopram the patient must allow 7 days before taking any of these medicines. If the treatment is changed from the so-called selective MAO-A inhibitor, moclobemide, (also used in the treatment of depression) to Escitalopram, it is recommended that one day should elapse after the patient has finished taking moclobemide, before he/she starts taking Escitalopram. After stopping Escitalopram it is recommended to allow 7 days before starting moclobemide. Although not generally recommended, it may happen that the doctor decides that the patient should receive moclobemide concomitantly with Escitalopram. This combination may in extraordinary cases prove beneficial. There exist, however, a risk of adverse effects from this combination. Therefore the doctor will usually prescribe one of both medicines at the start of the treatment. If the patient is treated with both moclobemide and escitalopram experience symptoms like high fever and abrupt contraction's of muscles with tremors, feel agitated and confused he/she must stop taking both medicines and see the doctor immediately. Patient should consult the doctor before starting treatment with escitalopram if the patient has a severe liver disease or diabetes epilepsy or a history of seizures or fits (seizures are a potential risk with all antidepressant medication) episodes of mania or subcutaneous bleeding. Patient should be asked if he/she is taking or have taken any other medicines during the last 14 days. Escitalopram and the following medicines should be combined with caution: Lithium, selegiline, Imipramine and desimipramine, metoprolol, sumatriptan and similar medicines, tramadol and cimetidine.

Pregnancy and breast-feeding:

Pregnant women should not usually take escitalopram nor should mothers breast-feed their babies while taking this medicine.

SIDE EFFECTS:

Some people may experience unwanted effects (side-effects) while taking Escitalopram. The side effects are generally mild and usually disappear after a few day's treatment. Several of the effects may also be symptoms of illness of the patient and therefore when he/she starts to get better. If the side effects are troublesome or last for more than a week or two, the patient should consult the doctor. The common side effects are: Nausea, decreased appetite, difficulties falling asleep, feeling sleepy, dizziness, yawning, diarrhoea, constipation, increased sweating, sexual disturbances, fatigue and fever.

CONTRAINDICATION:

Hypersensitivity to Escitalopram.

STORAGE & INSTRUCTIONS:

Store between 15-25°C. Protect from heat, sunlight and moisture. Keep away from the reach of children. **To be sold on prescription of registered medical practitioner only.**

HOW SUPPLIED:
Selpram Tablet 10mg
10's, 14's Tablets.

خوراک و طریقہ استعمال:
ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔
ہدایات:

Manufactured by:

PHARMASOL
PRIVATE LIMITED
Plot # 543 Sander Industrial Estate,
Lahore, Pakistan.

دوا کو ۱۵-۲۵ ڈگری سینٹی گریڈ درجہ حرارت کے درمیان رکھیں۔
دھوپ، گرمی اور نمی سے بچائیں۔ بچوں کی پہنچ سے دور رکھیں۔
صرف ریزر ڈاکٹر کے نسخے کے مطابق فروخت کریں۔